



# Cook

**Posted by:** Flameo edmundston

**Location:** Edmundston

**Salary:** \$16 Per Hour

**Job ID:** YJ5485808

**Posting Date:** 17-Jul-2025

**Expiry Date:** 13-Jan-2026

**Education:** Completion of secondary education

**Language:** English or French

**Vacancies:** 3

**Experience:** 1 year

**Job Type:** Full Time

## Job Description

## Cook

**Job Title: Cook (NOC: 63200)**

**Employer: Flameo Edmundston**

**Location: 180 Bd Hébert, Edmundston, NB E3V 2S7**

**Wage: \$16/hour for 30 – 40 hours a week**

**Vacancy: 3 vacancies**

**Employment groups to include: persons with disabilities, indigenous, newcomers to Canada, student, and vulnerable youth**

**Terms of employment: Term or contract**

**Start Date: as soon as possible**

### Job Requirements:

#### Languages

- English or French

#### Education

- Secondary (high) school graduation certificate

#### Experience

- At least 1 year to less than 2 years

#### Duties:

- Prepares assigned food items by following established menus, recipes, and quantity quotas, determining ingredients and quantities required and assembling ingredients and equipment required for cooking.
- Plans preparation and cooking schedule
- Cooks and seasons assigned food and therapeutic diet items such as soups, sauces, salads starches, meats, fish, poultry, vegetables, and desserts by methods/procedures such as roasting, frying, grilling steaming, poaching boiling, baking: tests food items for palatability and temperature and adjusts accordingly
- Carves food items such as meat and poultry and controls portioning of food items to ensure recipe yield meets assigned quantity quotas
- Maintains established food rotations in storage, to minimize spoilage and waste

- Performs other related duties as assigned.

#### Work Conditions

- Work under pressure, handling heavy loads, repetitive tasks, standing for extended periods, physically demanding, fast paced environment, attention to detail.

#### Personal Suitability

- Client focus, dependability, initiative, organized, team player, excellent oral communication, reliability, flexibility, judgement

#### Security and Safety

- Bondable, criminal record check child abuse registry check

#### Credentials

- Safe Food Handling Certificate, Food Safety Certificate

#### How to Apply

- Email: [andre@12thavenue.ca](mailto:andre@12thavenue.ca)

To apply for this job vacancy, please send your resume along with a cover letter and a reference letter from your previous employer to the following email: [andre@12thavenue.ca](mailto:andre@12thavenue.ca)

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