



Kitchen Helper

Posted by: 1465607 Alberta, Ltd o/a Edo Japan

Location: Grande Prairie

Salary: \$16.00 Per Hour

Job ID: YJ5900871

Posting Date: 09-Dec-2025

Expiry Date: 29-Dec-2025

Education: No degree, certificate or diploma

Language: English

Vacancies: 2

Experience: 1 year

Job Type: Full Time

Job Description

We are seeking a motivated and reliable Kitchen Helper to support team in a fast-paced restaurant environment. The ideal candidate will assist with food preparation, maintain cleanliness, and ensure food safety standards are upheld. This role offers an excellent opportunity to gain valuable experience in the food industry and develop foundational skills in kitchen operations.

Duties

- Assist with meal preparation and food handling under the supervision of kitchen staff
- Support cooking activities by preparing ingredients and assembling dishes as directed
- Maintain cleanliness of workstations, utensils, and kitchen equipment to ensure food safety standards
- Help with food storage, labeling, and inventory management
- Ensure proper sanitation practices are followed throughout the kitchen area
- Serve food to customers or assist servers during busy periods when needed
- Follow all health and safety regulations to promote a safe working environment

Experience

- Previous experience in a restaurant or food service setting is preferred but not required
- Basic knowledge of cooking techniques and food preparation processes
- Familiarity with food safety protocols and handling procedures
- Experience working in a fast-paced environment with attention to detail is advantageous
- Willingness to learn new skills related to meal preparation and kitchen operations

This position is vital for maintaining efficient kitchen workflows and ensuring high-quality service. We welcome applicants eager to contribute to a team-oriented environment while gaining hands-on experience in the food industry.

To apply for this job vacancy, please send your resume along with a cover letter and a reference letter from your previous employer to the following email: edojapan.gp.hr@gmail.com

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